



THE 27TH ANNUAL SCIENTIFIC MEETING OF
THE EGYPTIAN HYPERTENSION SOCIETY

EHS | 2025

HYPERTENSION LET OTHER ORGANS TALK



Board of EHS meeting 2025

President of EHS

Prof. M. Mohsen Ibrahim

Professor of Cardiology – Cairo University

Presidents of the meeting

Prof. Khaled El Khashab

Professor & head of Cardiology dep.

Fayoum University

Prof. Yasser Abdel Hady

Professor & head of Cardiology dep.

Beni-Suef University

Coordinators of the meeting

Dr. Haytham Soliman

Associate Professor of Cardiology

Fayoum University

Dr. Osama Amin

Associate Professor of Cardiology

Beni-Suef University

Egyptian Hypertension Society Board

M. Mohsen Ibrahim Prof of Cardiology- Cairo University	President
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Azza Farrag Prof of Cardiology-Cairo University	Member
Ghada Sayed Prof of Cardiology-Cairo University	Member
Haytham Soliman Ghareeb Prof of Cardiology- Fayoum University	Member

Scientific Committee “Alphabetically ordered”

Abdel Moniem Ibrahim	Cairo	Bassem Zarif	NHI
Abdel Rahman Sharaf	Azhar	Eman El Shamy	Fayoum
Abdel Salam Al Sherif	Zagazig	Fathy Maklady	Suez Canal
Abear Adly	Beni-Suef	Gamal El Saady	Cairo
Ahmed Abdel Latif Ramadan	Azhar	Gamela Nasr	Suez Canal
Ahmed El Ghalid	Suez Canal	Ghada Sayed	Cairo
Ahmed El Hawary	Suez Canal	Gomaa Abdel Razik	Fayoum
Ahmed Magdy Moustafa	Military	Hala Mahfouz	Menofiya
Ahmed Mekky	Novartis	Hamza Kabil	Benha
Ahmed Sabet	Beni-Suef	Hanan Kamal	Suez Canal
Ahmed Wafa	Mansoura	Hany Neamatallah	France
Ahmed Yehia Hegab	NHI	Hany Ragy	NHI
Alaa El Ghamrawy	Mahalla	Hassan Ebied	Fayoum
Alaa Etman	NHI	Hassan Khaled	Cairo
Amal Rizk	Cairo	Haytham Soliman	Fayoum
Amgad El Sharkawy	NCHI	Heba Al Deeb	Cairo
Amin Fouad	Military	Hesham Boshra	Beni-Suef
Ayman Mortada	Ain Shams	Hesham Salah Eldin	Cairo
Azza Farrag	Cairo	Hossam Al Shair	Zagazig
Bassem Abdel Hamid	Military	Hossam Kandil	Cairo

Ikhlas A.A.Wafi	Banque Misr	Mohamed Abdel Fadel	Fayoum
Islam Shawky	Azhar	Mohamed Abdel Ghany	Cairo
Kareem Salem	Fayoum	Mohamed Ali Gharieb	NCHI
Karim Said	Cairo	Mohamed El Setiha	Tanta
Khaled El Khashab	Fayoum	Mohamed Eltoha	Behaira
Khaled El Nady	Military	Mohamed Gamal	Fayoum
Khaled Hussien	Beni-Suef	Mohamed Medhat	Beni-Suef
Khaled Refaat	Beni-Suef	Mohamed Oraby	Suez Canal
Khaled Shokry	Military	Mohamed Ossama Taha	NHI
Khalid El Hadidy	Cairo	Mohamed Seleem	NHI
Laila Ibrahim	NHI	Mohamed Shafik	Beni-Suef
M. Mohsen Ibrahim	Cairo	Mohamed Zahran	Ain Shams
Magdy Abdel Hamid	Cairo	Mohamed Zaki	NHI
Magdy Abdel Samie	Zagazig	Moheb Magdy	Mansoura
Mahmoud Abou Zied	NCHI	Mona Aboul Seoud	Ain shams
Mahmoud Malawany	Fayoum	Mona Hussien	Beni-Suef
Mahmoud Moustafa	Fayoum	Moustafa Kamal	Fayoum
Mahmoud Youssef	Mansoura	Nabil Farag	Ain shams
Marina Awad	Beni-Suef	Nader Galal	Beni-Suef
Matta Nashed	NHI	Nasser Taha	Menia

Nawal Shawky	NHI	Soliman Gharieb	Cairo
Nereen Okasha	Ain Shams	Taghreed Helal	Railway Hosp
Omar Awwad	Ain Shams	Waleed Ammar	Cairo
Omar Said	Fayoum	Yasser Abdel Hady	Beni-Suef
Ossama Amin	Beni-Suef	Yasser Baghdady	Cairo
Ragab Abdel Salam	Zagazig	Yasser El Sayed	Azhar
Sameh Emil	Military	Yasser Sharaf	Cairo
Sameh Shaheen	Ain Shams		

Thursday 1st May 2025

Session 1

10:00 – 11:00

From the heart to the heart

Chairpersons: "in alphabetical Order"	Ahmed El Ghalid	Ikhlas A.A.Wafi	Mohamed Abdel Ghany
	Amgad El Sharkawy	Khaled El Khashab	Yasser Abdel Hady
	Hassan Khaled	M. Mohsen Ibrahim	

10:00 - 10:15	LIPITENSION: Interplay between dyslipidemia and hypertension	Hesham Salah Eldin (Cairo)
10:15 - 10:30	Hypertensive heart failure	Magdy Abdel Hamid (Cairo)
10:30 - 10:45	Choleroose Plus: The Perfect Synergy for A healthier Heart Biofactor symposium	Yasser Abdel Hady (Beni-Suef)
10:45 - 11:00	Nebivolol standing out of the crowd Menarini symposium	Mohamed Eltohfa (Behaira)

Session 2

11:00 – 12:15

Kidneys and beyond

Chairpersons: "in alphabetical Order"	Ahmed Yehia Hegab	Khaled Refaat	Sameh Emil
	Bassem Zarif	M. Mohsen Ibrahim	Soliman Gharieb
	Hany Neamatallah	Mohamed Zaki	Yasser Abdel Hady
	Hassan Ebied		

11:00 - 11:15	Managing Hyperkalemia in hypertensive patient	Kareem Salem (Fayoum)
11:15 - 11:30	Novartis New customer Engagement Model Novartis symposium	Ahmed Mekky (Novartis)
11:30 - 12:00	How to improve Hypertension Control rate in Egypt? Bridging the gap between guidelines and real practices Utopia symposium	Yasser Baghdady (Cairo)
12:00 - 12:15	Treatment of hypertension in CKD	Gamal El Saady (Cairo)

Thursday 1st May 2025

Session 3

12:15 – 13:15

Imaging in hypertension

Chairpersons: "in alphabetical Order"	Abear Adly	Ghada Sayed	Soliman Gharieb
	Amal Rizk	Heba Al Deeb	Taghreed Helal
	Eman El Shamy	Mona Aboul Seoud	Yasser Abdel Hady

12:15 - 12:30	Imaging in hypertension diagnosis	Azza Farrag (Cairo)
12:30 - 12:45	Imaging to detect hypertension complications	Hala Mahfouz (Menofiya)
12:45 - 13:15	EGYPTIAN CARDIOLOGY EXPERTS' CONSENSUS ON RAAS INHIBITION Servier symposium	Moheb Magdy (Mansoura)
		

13:15 – 13:30

Opening Ceremony

13:15 - 13:20	Chairman of the Meeting	Khaled El Khashab Prof. & head of cardiology department Fayoum University
13:20 - 13:25	Chairman of the Meeting	Yasser Abdel Hady Prof. & head of cardiology department Beni-Suef University
13:25 - 13:30	President of EHS	M. Mohsen Ibrahim Prof. of cardiology - Cairo University

13:30 - 13:45

Coffee Break

Thursday 1st May 2025

Session 4

13:45 - 15:30

EHS International companions' session

Chairpersons: "in alphabetical Order"	Bassem Abdel Hamid	Hesham Boshra	M. Mohsen Ibrahim
	Hany Ragy	Khaled El Khashab	Soliman Gharieb
	Haytham Soliman	Khaled Shokry	Yasser Abdel Hady

13:45 - 14:00	Cardiovascular impact of obstructive sleep apnea	Gianfranco Parati (Italy) "Virtual"
14:00 - 14:15	When to start anti-hypertensive drug treatment	Giuseppe Mancia (Italy) "Virtual"
14:15 - 14:30	Challenges in management of hypertension in Iraq: Barriers, strategies and future directions	Ghazi Farhan (Iraq) "Virtual"
14:30 - 14:45	Hypertension and renal artery dissection (real life case scenario)	Taha Almailoni (Yemen) "Virtual"
14:45 - 15:00	Hypertension in Elderly: Multi-faceted Assessment	Bader Ali Almustafa (KSA) "Virtual"
15:00 - 15:15	Optimal target for systolic pressure during anti-hypertensive treatment	Paul Whelton (USA) "Virtual"
15:15 - 15:30	Wrap up of the session and moderator conclusions	

Thursday 1st May 2025

Session 5

15:30 – 16:30

Evaluation prevention and non-pharmacological therapy

Chairpersons: "in alphabetical Order"	Ahmed Abdel Latif Ramadan	Laila Ibrahim	Nereen Okasha
	Alaa Etman	Mohamed Gamal	Ossama Amin
	Hossam Kandil	Nabil Farag	Yasser El Sayed

15:30 - 15:45	Hypertension and headache: Myth versus evidence	Mona Hussien (Beni-Suef)
15:45 - 16:00	Endocrine hypertension in practice	Khalid El Hadidy (Cairo)
16:00 – 16:15	Prevention of CAD	M. Mohsen Ibrahim (Cairo)
16:15 – 16:30	Nonpharmacological intervention in hypertension	Ghada Sayed (Cairo)

Session 6

16:30 – 17:30

From guidelines to guidelines

Debates of 2023-2024

Chairpersons: "in alphabetical Order"	Abdel Rahman Sharaf	Mahmoud Abou Zied	Mohamed Shafik
	Abdel Moniem Ibrahim	Mahmoud Malawany	Nawal Shawky
	Fathy Maklady	Mohamed Ali Gharieb	Waleed Ammar

16:30 - 16:45	Management of elevated blood pressure	Karim Said (Cairo)
16:45 - 17:00	High dose dual therapy versus low dose triple therapy in HTN	Mohamed Shafik (Beni-Suef)
17:00 – 17:15	Office versus out of office blood pressure measurement	Nasser Taha (Menia)
17:15 – 17:30	SGLT2I as antihypertensives	Mohamed Seleem (NHI)

17:30

Lunch

Friday 2nd May 2025

Session 7

9:30 – 11:00

Secondary hypertension cases

Chairpersons: "in alphabetical Order"	Amgad El Sharkawy	Mahmoud Moustafa	Nader Galal
	Ayman Mortada	Matta Nashed	Ragab Abdel Salam
	Hossam Al Shair	Mohamed Zahran	Soliman Gharieb
	Magdy Abdel Samie		

9:30 - 9:45	Case 1	Khaled Hussien (Beni-Suef)
9:45 - 10:00	Case 2	Mahmoud Malawany (Fayoum)
10:00 - 10:15	Case 3	Marina Awad (Beni-Suef)
10:15 - 10:30	Case 4	Mohamed Abdel Fadel (Fayoum)
10:30 - 10:45	Case 5	Nader Galal (Beni-Suef)
10:45 - 11:00	Case 6	Ahmed Sabet (Beni-Suef)

Session 8

11:00 – 12:00

Advanced management of hypertension

Chairpersons: "in alphabetical Order"	Ahmed El Hawary	Khaled Hussien	Moustafa Kamal
	Ahmed Wafa	M. Mohsen Ibrahim	Soliman Gharieb
	Hanan Kamal	Mahmoud Youssef	Yasser Abdel Hady

11:00 - 11:30	AI in hypertensive management (did we reach this level or not yet) Debate	Haytham Soliman (Fayoum)
11:30 - 12:00	Device therapy in hypertension Medtronic Symposium "Virtual"	 Medtronic

12:00 - 13:00

Gomaa Prayer followed by Coffee Break

Friday 2nd May 2025

Session 9

13:00 – 14:15

Challenges in hypertension management

Chairpersons: "in alphabetical Order"	Abdel Salam Al Sherif	Hamza Kabil	Mohamed Oraby
	Alaa El Ghamrawy	Hossam Al Shair	Ragab Abdel Salam
	Fathy Maklady	Magdy Abdel Samie	

13:00 - 13:15	Hypotension: an over view	Soliman Gharieb (Cairo)
13:15 - 13:30	True resistant hypertension What do the guidelines offer	Omar Awwad (Ain Shams)
13:30 - 13:45	Hypertension with pregnancy	Gamela Nasr (Suez Canal)
13:45 - 14:00	Fluctuating blood pressure during treatment , How to manage	Hesham Boshra (Beni-Suef)
14:00 - 14:15	Nerkardou Oral Dissolvable Film more than Bisoprolol Nerhardo symposium	Yasser Abdel Hady (Beni-Suef)

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INTERNATIONAL
For Pharmaceuticals & Nutraceuticals

Friday 2nd May 2025

Session 10

14:15 – 15:30

Brain, Endocrine and the heart

Chairpersons: "in alphabetical Order"	Ahmed Magdy Moustafa	Khaled El Nady	Omar Awwad
	Amin Fouad	Mohamed El Setiha	Sameh Shaheen
	Islam Shawky	Mohamed Ossama Taha	Yasser Sharaf

14:15 - 14:30	Hypertensive emergencies	Gomaa Abdel Razik (Fayoum)
14:30 - 14:45	Hypertensive retinopathy is it reversible ? Is there a special management	Omar Said (Fayoum)
14:45 - 15:00	Role of psycho cardiology in hypertension	Ahmed El Ghalid (Suez Canal)
15:00 - 15:15	Adherence in hypertension and targets for control	Tony Heagerty (UK) "Virtual"
15:15 - 15:30	Algorithm for secondary hypertension	Mohamed Medhat (Beni-Suef)

15:30 – 15:45

Closing Remarks

15:45

Lunch